

Acronym: CombaNet

Community-based networks for children's health promotion
– impact-oriented quality assurance with focus on vulnerable
target groups (<http://gesundaufwachsen.net>)



The central issues addressed by the research consortium are integrated community-based approaches for children's health promotion through networked, life course-oriented actions and their interrelation with children's health with focus on vulnerable target groups.

The research consortium takes these multidimensional approaches into account through an interdisciplinary and transdisciplinary study design in five subprojects. Three subprojects investigate different dimensions of health (physical health and activity; mental health / resilience and nutrition) in children from three different cohort groups of age: 4 to 5 years old (kindergarten), 6 to 7 years old (grade 1) and 8 to 9 years old (grade 3).

The fourth subproject evaluates health at school entrance examination and its correlation with prevention utilization. The last subproject investigates how specialized online communities may support public health professionals in their tasks.

The research consortium jointly develops methodological approaches as well as adequate monitoring and evaluation tools and integrates the research results.

Expected Outcomes

Recommendations for target group-oriented community-based actions for health promotion and health equity, taking into account relevant interfaces and transitions (e.g. kindergarten / primary school).

Products are a practice guide, an adapted social network website to support communities in efficient and target group-oriented planning and implementation of prevention networks as well as basic and further training modules. The research project thus makes an important contribution to quality development of life course-oriented, community-based networks for health promotion.